Resources for Family PACT Providers

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Adolescents

Print

- Adolescent Provider Toolkit
 - Created by the Adolescent Health Working Group (AHWG), 2002. It can be downloaded at www.ahwg.net or by calling (415) 576-1170 x312. Other educational materials are also available.
- OFP Websites for Clinical and Prevention Programs
 - www.dhs.ca.gov/ofp
 - www.itsuptome.org
- · Advocates for Youth
 - o www.advocatesforyouth.org/teens
 - Creates programs and promotes policies which help young people make informed and responsible decisions about their sexual and reproductive health.
- Alan Guttmacher Institute
 - www.agi-usa.org/pubs/ib2l.html
 - Discusses state laws, parental rights and includes a grid outlining each state's laws regarding confidential care for minors.
- · Campaign for Our Children
 - o www.cfoc.org
 - Develops research-based prevention and abstinence educational media campaigns that encourage healthy, responsible sexual decisions among early adolescent youth; promote a more informed support system for youth; and raise public awareness about adolescent preventative health issues.
- Coalition for Positive Sexuality: Sex Ed for Teens
 - www.positive.org
 - Designed to give teens the information they need to take care of themselves and in so doing, affirm their decisions about sex, sexuality and reproductive control. Also designed to facilitate dialogue in and out of public schools on condom availability and sex education.
- Compendium of American Academy of Family Physicians Positions on Selected Health Issues: Adolescent Health Care
 - www.aafp.org/policy/2.html
 - o Includes policy statements on confidentiality, contraceptive advice, teenage pregnancy, role of the family physician, and sex education.
- · Go Ask Alice!
 - www.goaskalice.columbia.edu
 - Health and wellness program at Columbia University. Excellent Q&A service.
- It's Your (Sex) Life
 - o www.itsyoursexlife.com
 - o Goal is to provide reliable, objective sexual health information to young adults. Also useful for parents who may wish to address these issues with their teens.
- I Wanna Know
 - o www.iwannaknow.org
 - Answers to questions about teen sexual health and sexually transmitted infections
- MTV's Fight For Your Rights Campaign
 - http://www.mtv.com/onair/ffvr/protect/lifequide/
 - o In partnership with the Kaiser Family Foundation, this site is home to information on special messages, PSAs, advocacy and comprehensive sexuality education information for youth.
- National Adolescent Health Information
 - o vouth.ucsf.edu/nahic/cainitiative.html
 - Created to elevate the focus on the health and well being of adolescents and young adults. Among
 the publications available for no-cost download include "Guide to Local Adolescent Health Data
 Sources in California" and "Creating Policy Materials to Improved Adolescent Health in Your
 Community."
- National Campaign to Prevent Teen Pregnancy
 - www.teenpregnancy.org
 - Informative site designed to improve the well being of children, youth and families by reducing teen pregnancy.

- Scarleteen
 - o www.scarleteen.com
 - Sexuality information site for teens
- · Sex, Etc.
 - www.sxetc.org
 - Teen-produced website including frank discussion on love, sex, abstinence, contraceptives, AIDS, violence, and more.
- Teen Wire
 - www.teenwire.com
 - Sexuality and relationship information from the Planned Parenthood Federation of America

On-Line Courses

- "Adolescent Pregnancy Prevention"
 - o Address: www.hcet.org
 - Sponsor: Health Care Education and Training, Inc.
 - o Target Audience: Health educators, nurses, physicians, social workers, etc.
 - Cost: \$10CEU: None

CEU: None

Objectives: Discuss the advantages and disadvantages of the new contraceptive methods;
 Develop a teaching plan for patients using the new methods; Compare and contrast the new methods of contraception

Cancer Screening and Treatment

	Cancer Screening and Treatment				
	•	American Cancer Society			
		o www.cancer.org			
Q	•	American Society for Colposcopy and Cervical Pathology			
Web		o www.asccp.org			
>		 Consensus guidelines for the management of women with cervical cytological abnormalities 			
	•	Breast and Cervical Cancer Treatment Program (BCCTP)			
		 www.medi-cal.ca.gov (click on BCCTP Overview on bottom left of screen) 			
	•	"Advances in Cervical Cancer Prevention"			
		 Address: www.arhp.org/healthcareproviders/cme/onlinecme/hpvcp/toc.cfm?ID=334 			
		 Sponsor: Association of Reproductive Health Professionals 			
		 Target Audience: Physicians, NPs, NMWs, Physician Assistants, Nurses 			
	 Cost: None, CEUs are \$15 for non-members 				
		o CEU: 2 CME, 2.4 CE			
S	•	"Breast Cancer: Biology, Risk, Prevention"			
Courses		 Address: www.medscape.com/cmecnterdirectory/womenshealth 			
l h		 Sponsor: Medscape 			
은		 Target Audience: Physicians, RNs, Pharmacists 			
		o Cost: No charge			
<u> </u>		 CEU: Physicians, up to 1.5 AMA PRA Category 1; RNs, up to 1.8 NCE contact hours; 			
On-Line		Pharmacists, up to .15 Cues			
١		 Covers the following topic areas: breast cancer genetics, advances in basic science, ductal 			
		carcinoma in situ, screening mammography, surgical issues in the management of breast cancer			
	•	"Updates in Cervical Cancer Screening"			
		 Address: jama.ama-assn.org/cgi/content/short/287/16/2120 			
		 Sponsor: Region V Title X Training Program 			
		 Target Audience: Physicians only – requires JAMA subscription 			
		o Cost: No charge			

Contraception

	Contraception					
Contraception News	Print	 Contraceptive Technology: Seventeenth Revised Edition. Hatcher RA, Trussell J, Stewart F, Cates W, Stewart GK, Guest F, Kowal D. New York NY: Ardent Media, 1998. Available at major booksellers. 				
	Web	 Choosing a Birth Control Method www.arhp.com/choosing Contraception Online www.contraceptiononline.org Ongoing updates on the latest in contraception Managing Contraception www.managingcontraception.com/news.html The Contraception Report www.emron.com/TCR Online newsletter edited by David Grimes, MD Also see the "Reproductive Health" section in this Resource Guide for additional listings 				
	On-Line Courses	 "A New Generation of Contraceptives" Address: nursing.mcphu.edu/nlc/index.htm Sponsor: Drexel University Target Audience: Registered Nurses Cost: \$15 for one course (2 CEUs) CEU: Two Objectives: Discuss the advantages and disadvantages of the new contraceptive methods; Develop a teaching plan for patients using the new methods; Compare and contrast the new methods of contraception "Choosing When To Menstruate" Address: www.arhp.org/healthcareproviders/cme/onlinecme/hpvcp/toc.cfm?ID=328 Sponsor: ARHP Target Audience: Physicians, NPs, NMWs, Physician Assistants, Nurses Cost: None, CEUs are \$15 for non-members CEU: 2 CME, 2.4 CE Covers the following topic areas: impact of menstruation on lifestyle and medical conditions; health advantages of medical regulating menstruation; candidates for extended contraceptive regimens; obstacles to extended contraceptive regimens; approaches to counseling 				
	Conferences	 Contraceptive Technology – annually in March – San Francisco (see www.contemporaryforums.com for more information) Reproductive Health Symposium – annually in May – Los Angeles (see www.cfhc.org for more information) Women's Health Update – annually in November – San Francisco (see www.cfhc.org for more information) 				

Fertility Awareness Method

- Standard Days Method™ CD-ROM
 - o To order the CD-ROM, email orders@jhpiego.net. The cost is \$3.00 plus shipping.
 - CD-ROM is available in English and Spanish and includes audio narration, presentation graphics, self-checking quizzes and resources for clients (which can be printed and distributed).

Information n-Line Courses

- "New Developments in Contraception: Counseling and Insertion Training Featuring the Levonorgestrel Intrauterine System"
 - Address: www.arhp.org/hpv
 - o Sponsor: Association of Reproductive Health Professionals
 - o Target Audience: Physicians, Nurse Practitioners, Physician's Assistants and Nurses
 - o Cost: \$15
 - CEU: 2.4 contact hours
 - Objectives: Identify two contraceptive methods approved by the FDA in the US in 2000;
 State the five-year cumulative failure rate with LNG IUS; Describe the bleeding patterns with LNG IUS during the first year of use; Name two non-contraceptive benefits of LNG IUS

Ordering

- Mirena IUS Resources
 - Theracom (California distributor) 866-647-3646
 - Receive Mirena by mail two days after ordering
 - They offer a three-month delay of billing so providers can be reimbursed for the insertion before having to pay for the device.

Lactation Amenorrhea

The LINKAGES Project (of USAID) has developed and produced an interactive, multimedia CD-ROM for program planners on the lactational amenorrhea method (LAM), a modern postpartum contraceptive method for women who breastfeed.

The CD-ROM includes the following:

- LAM advocacy presentation
- LAM training modules
- Information, Education and Counseling (IEC) materials for LAM behavior change
- Monitoring and evaluation materials and tools
- LAM bibliography with abstracts
- · Background publications on LAM

View and download the CD-ROM at www.linkagesproject.org or order a limited number of copies at no cost from linkages@aed.org.

Education and Counseling

- California Family Health Council
 - www.cfhc.org
 - Trainings and additional resources available for pregnancy counseling, health worker certification and more.
- Center for Health Training
 - www.centerforhealthtraining.org
 - Training and additional resources available for pregnancy counseling, working with male clients and more.
- **ETR Associates**

Web

- www.etr.org
- Enhancing the health and well-being of individuals, families and communities through program development, training, applied research and information dissemination services. Educational materials catalog also available.
- Journeyworks Publishing
 - www.journeyworks.com
 - Health education, prevention and promotion materials.
- Office of Population Affairs
 - opa.osophs.dhhs.gov
 - Reproductive health educational materials order form available to download; some pamphlets can be downloaded; all materials available in English and Spanish

Emergency Contraception

- Plan B
 - o www.go2planb.com
- The EC Website
 - o www.not-2-late.com
 - o EC information in English, Spanish, French and Arabic
- Preven
 - o www.preven.com
- · Pharmacy Access Project
 - o www.pharmacyaccess.org

Etc.

- **EC** Initiative
 - o EC kits, brochures, product samples and technical assistance
 - Contact Lissa Duden, Project Director, (510) 647-0632 x202, sudenl@cfhc.org

Family PACT

www.familypact.org

- At the Family PACT website, you can access:
 - Calendar of events
 - Clinical Practice Alerts
 - Information for Providers
 - Newsletters
 - o Policies, Procedures and Billing Instructions (PPBI) Manual
 - Program Letters
 - Program Summaries and Data
 - Provider Enrollment Information and Forms

Gay, Lesbian, Bisexual and Transgender Clients

- Community United Against Violence (CUAV)
 - www.cuav.org
 - A multicultural organization working to end violence against and within lesbian, gay, bisexual, transgender and queer/questioning (LGBTQ) communities. CUAV offers a 24-hour confidential, multilingual support line, free counseling, legal advocacy, and emergency assistance (hotel, food, and transportation vouchers) to survivors of domestic violence, hate violence, and sexual assault.
- Lesbian Health Research Center (UCSF)
 - www.lesbianhealthinfo.org
 - Lesbian-specific health information for clients and practitioners
- The Mautner Project for Lesbians with Cancer
 - www.mautnerproject.org
- Sexually Transmitted Diseases in Lesbians
 - www.lesbianstd.com

HIPAA

Web	www.hhs.gov/ocr/hipaa/	
On-Line Courses	Cost: \$10CEU: OneObjectives: Assist health care p	a and Training, Inc. ors, Physicians, Nurses, Social Workers, Etc. roviders in understanding the HIPAA regulations; Help health care
		gulations; Provide an educational resource to help providers fulfill AA to educate officers, employees and others who have access to

Intimate Partner Violence/Child Abuse

- Family Violence Prevention Fund
 - o www.fvpf.org
- National Center for Youth Law
 - www.youthlaw.org
- Rape, Abuse and Incest National Network (RAINN)
 - www.rainn.org
 - Operates the National Sexual Assault Hotline
- See also the CUAV information located in the GLBT section of this document.

"Domestic Violence: How to Screen and Intervene"

- Address: nursing.mcphu.edu/nlc/index.htm
- Sponsor: Drexel University
- Target Audience: Registered Nurses
- Cost: \$15 for one course (2 CEUs)
- CEU: Two
- Objectives: Compare and contrast Walker's theory of the cycles of violence with Prochaska's model of clinically inspired change; Develop a plan of care for victims of intimate partner violence (IPV): Describe how to implement universal screening for IPV using the RADAR technique
- "Domestic Violence"
 - Address: www.dvcme.org/index.html
 - Sponsor: American Women's Medical Association
 - Target Audience: Physicians, Residents, Medical Students, and all Health Professionals
 - Cost: None
 - CEU: up to two CME (Category 1)
 - Objectives: Screening, assessment and documentation; safety planning; referrals; children in domestic violence; legal aspects of DV

Male Services

- Engender Health Working With Men
 - www.engenderhealth.org/ia/wwm/index.html
- Men: Stay Healthy at Any Age—Checklist for Your Next Checkup
 - www.ahrq.gov/ppip/healthymen.htm (English)
 - www.ahrq.gov/ppip/healthymensp.htm (Spanish)
 - Resource document for males; includes information on STI screening for males

Mental Health

National Institute of Mental Health o www.nimh.nih.gov

Web

Web

Web

On-Line Courses

- National Mental Health Information Center
 - www.mentalhealth.org

Multi-Lingual Resources

- Arabic Emergency Contraception website
 - ec.Princeton.edu/Arabic or through main site at www.not-2-late.com
- Johns Hopkins University School of Public Health Center for Communication
 - www.jhuccp.org
 - Download and print health education materials in most world languages at no charge.
- Multilingual Health Education Resources
 - www.multilingual-health-education.net
 - Resources available in many languages
- Spanish/English Dictionary of Health-Related Terms
- www.dhs.cahwnet.gov/ps/dcdc/COBBH/docs/final%20Dictionary.pdf
- AT&T Language Line Service
- (800) 528-5888 **Phone**
 - Interpreters available via telephone 24 hours a day, 7 days a week
 - 140 languages
 - Fee imposed

Pregnancy Option Resources

		0 7 1
Adoption	•	Independent Adoption Center www.adoptionhelp.org 800-877-OPEN Experts available on current adoption laws, teen pregnancy, infertility and birthfather help Infant Adoption Awareness www.infantadopt.org 866-21ADOPT Training, resources and advocacy for adoption
Abortion	•	National Abortion Federation www.prochoice.org 877-4-PROCHOICE Confidential referrals and information
Presumptive Eligibility	•	Provider Application for Participation in Presumptive Eligibility Program o http://www.dhs.ca.gov/publications/forms/pdf/mc311.pdf

Reproductive Health

- American College of Obstetricians and Gynecologists (ACOG)
 - o www.acog.org
 - ACOG is a membership organization dedicated to the advancement of women's health through education, practice, research and advocacy.
- American Society for Reproductive Medicine
 - o www.asrm.com
 - Devoted to advancing knowledge and expertise in infertility, reproductive medicine and biology.
- Association of Reproductive Health Professionals (ARHP)
 - o www.arhp.org
 - ARHP is a multidisciplinary association of professionals who provide reproductive health services or education, conduct reproductive health research, or influence reproductive health policy.
- CDC's Reproductive Health Information Source
 - o www.cdc.gov/nccdphpl
 - o Contains sections on unintended pregnancy, women and men's reproductive health, research, etc.
- Center for Reproductive Law and Policy
 - o www.crip.org
 - Dedicated to promoting and defending women's reproductive rights worldwide
- JHPIEGO (an affiliate of Johns Hopkins University)
 - o www.reproline.jhu.edu
 - Reproductive health information, includes access to a monthly newsletter for the reproductive health training community.
- Johns Hopkins Center for Communication Program (CCP)
 - o www.jhuccp.org
 - o CCP is a pioneer in the field of strategic, research-based communication for health promotion.
- National Women's Information Center
 - o www.4woman.gov
 - o Created to provide free, reliable health information for women everywhere.
- Sexuality Information and Education Council of the U.S. (SIECUS)
 - o www.siecus.org
 - o Develops, collects and disseminates information on sexuality and promotes sexuality education
- Women: Stay Healthy at Any Age—Checklist for Your Next Checkup
 - o www.ahrq.gov/ppip/healthywom.htm (English)
 - www.ahrq.gov/ppip/healthywomsp.htm (Spanish)
 - Resource document for females; also available for males (see Male Services section of this document)

- "Clinical Impact of the Women's Health Initiative: Entering a New Era in Managing Menopausal Health Issues"
 - Address: www.medscape.com/viewprogram/2152
 - o Sponsor: Medscape
 - Target Audience: Physicians
 - o Cost: None
 - CEU: up to 3.75 AMA PRA category 1 credit (through 12/18/03)
 - Objectives: Examine the clinical findings from the WHI study for post-menopausal women taking hormones
- "Folic Acid: Getting the Word Out"
 - Address: www.hcet.org
 - Sponsor: Health Care Education and Training, Inc.
 - o Target Audience: Health educators, nurses, physicians, social workers, etc.
 - Cost: TBACEU: Two
 - Objectives: Describe the different types of NTDs; Identify the role of folic acid in the prevention of NTDs; Discuss the barriers to use of folic acid; Discuss educational strategies
- "Getting UTI Patients Back on Track"
 - Address: nursing.mcphu.edu/nlc/index.htm
 - Sponsor: Drexel University
 - Target Audience: Registered Nurses
 - Cost: \$15.00CEU: Two
 - Objectives: Identify strategies to prevent urinary tract infection; Assess patients with a urinary tract infection; Develop a plan of care for patients with a urinary tract infection
- "Sexuality and Sexual Health"
 - o Address: www.engenderhealth.org/res/onc/sexuality/index.html
 - Sponsor: Engender Health
 - o Target Audience: Health Educators, Physicians, Nurses, Social Workers, Etc.
 - Cost: NoneCEU: None

- o www.ahcpr.gov/clinic/prevenix.htm
- Evidence-based recommendations on the use of screening tests for various conditions from the US Preventive Services Task Force.

STI and HIV/AIDS

- American Social Health Association
 - www.ashastd.org
 - o This organization is dedicated to preventing STDs and their harmful consequences to individuals, families and communities. Provides STD fact sheets, hotlines for patients, information specifically for teens and a sexual health glossary.
- California Chlamydia Action Coalition (CCAC)
 - o www.ucsf.edu/castd/
 - Guidelines and tools for Chlamydia screening and clinical management, Chlamydia Care Quality Improvement Toolbox, and patient-delivered partner therapy guidelines and resources.
- California Department of Health Services STD Control Branch
 - o www.dhs.ca.gov/ps/dcdc/STD/stdindex.htm
 - o The Sexually Transmitted Disease Control (STDC) Branch provides statewide STD consultation, surveillance, educational, screening, and mobile clinic programs aimed at the prevention, treatment, and interruption of sexually transmitted diseases. This is an excellent, easy-to-use site to locate information on STD prevalence in your county.
- California STD/HIV Prevention Training Center
 - www.stdhivtraining.org
 - o Clinical, behavioral interventions, partner services and program support courses are designed to enhance the STD/HIV knowledge and skills of medical, health, and community professionals.
 - Includes an on-line training course on Chlamydia screening (CEU available)
- Center for AIDS Prevention Studies (CAPS)
 - o www.epibiostat.ucsf.edu/capsweb
 - o CAPS, at the University of San Francisco, conducts rigorous theory-based research that will have maximum impact on the theory, practice and policy of AIDS prevention.
- Center for Disease Control and Prevention (CDC)
 - www.cdc.gov/std
 - CDC STD Treatment Guidelines and other STD-specific information
 - www.cdcnpin.org
 - CDCNPIN is the U.S. reference, referral and distribution service for information on HIV/AIDS, sexually transmitted diseases and tuberculosis. Includes materials in English, Spanish, Tagalog, Khmer, Vietnamese and Korean.
 - o www.cdc.gov/nchstp/od/nchstp.html
 - The National Center for HIV, STD and TB Prevention (NCHSTP) is responsible for public health surveillance, prevention research and programs to prevent and control HIV/AIDS, other STDs and TB.
- HIV In Site
 - hivinsite.ucsf.edu
 - o Comprehensive, up-to-date information on HIV/AIDS treatment, education and policy from the University of California, San Francisco.
- Morbidity and Mortality Weekly Report
 - o www.cdc.gov/mmwr
- National Network of Prevention Training Centers
 - www.stdpreventiontraining.org
 - CDC-sponsored applied training in clinical skills, behavioral and social interventions and partner management for STD/HIV prevention. Includes STD educational resources and STD core curriculum outlines.

"Online Chlamydia Course"

- Address: www.stdhivtraining.org
- Sponsor: California STD/HIV Prevention Training Center
- Target Audience: Clinicians
- Cost: None CEU: Up to two
- Objectives: Training is designed to increase knowledge of asymptomatic Chlamydia infection and the importance of screening young sexually active women. In addition, management of Chlamydiainfected patients and their partners is covered. Registration, completion of the exercise and the exam should take about one hour.
- "Diagnosis and Management of Genital Herpes: The Silent Epidemic"
 - Address:
 - Sponsor: Medscape
 - Target Audience: Physician
 - Cost: None CEU: None Objectives:
 - "Herpes: A Bigger Problem Than You Think" Address: nursing.mcphu.edu/nlc/index.htm
 - Sponsor: Drexel University
 - Target Audience: Registered Nurses
 - Cost: \$15.00 CEU: Two
 - Objectives: Compare and contrast the eight human herpes viruses (HHVs); Describe how the HHVs are diagnosed and treated; Develop a plan of care to reduce the risk of further transmission of the HHVs
- "HIV Risk Assessment for Women"
 - Address: www.hcet.org/training/hivtrain.html
 - Sponsor: Region V Training Project
 - Target Audience: Health Educators, Physicians, Nurses and Social Workers
 - Cost: \$10.00 CEU: Two
 - Objectives: Discuss the importance of HIV risk assessment and early diagnosis of HIV in women; Conduct HIV risk assessment with a focus on the special concerns of women; Assist women in developing an individualized plan for risk reduction
- California HIV/AIDS Hotline
 - 800-367-AIDS (2437)
 - 800-225-AIDS (TTY for Deaf/Hard of Hearing)
- CDC National STD/HIV Hotline
 - 800-227-8922 (English)
 - 800-344-7432 (Spanish)
 - 800-243-7889 (TTY for Deaf/Hard of Hearing)
- National Herpes Hotline
 - 919-361-8488
- National HPV and Cervical Cancer Hotline
 - 919-361-4848

Phone